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KRD

IT'S  
HAPPENING!!

07

2023

KMC LIKE NEVER  
BEFORE

JULY  
2023

KMC  
WARANGAL

# KAKATIYA CHRONICLES

VOL.01

"BRINGING PERCEPTION AND PERSPECTIVE TO REALITY"

[www.kmcwgl.com](http://www.kmcwgl.com)

# PRINCIPAL'S ADDRESS

**Dr. D. Mohandas,**

- MS, General Surgery
- KMC Batch of 1981
- Principal, KMC
- Addl. DME



Kakatiya Medical College isn't merely an institution, as among so many levels of education that our college has to offer to several brilliant minds joining here, it is a community. The initiative of Kakatiya Chronicles will only make sure that every single member of the institution, irrespective of the hierarchy is involved and informed about the events and current affairs of the college. For, only the delivery of the right information at the right time can encourage the transformation of minds for the better.

It is a privilege to be associated with this esteemed institution right from my Undergraduate days as a part of the batch of 1981, "SUPREMOS" and to be given this remarkable opportunity to not just serve your alma mater as the Principal, but to contribute to its glorification is truly once in a lifetime chance. It is a place I have seen so closely and has contributed to both my academic and personal growth, for which I shall always be grateful.

Kakatiya Medical College is one of the best college in Telengana, making it quite competitive to join here, for a student to a professor. And hence, each one of us should be appreciative and proud of being a part of this institution and all the doors of opportunities and unending knowledge it opens for us.

I have seen the college closely for 42 years, but it is a fact that since the establishment of the institution in the year 1959, every member has committed and contributed to the improvement and enhancement of each aspect of the college, right from academics to infrastructure while creating a vision of taking KMC to various new heights. The alumni from our institution have turned this vision into a reality with several members working in every nook and corner of the world. This trend continues every year bringing utmost pride to our college.

Among several additions and improvements that we implement every year, the year 2023 has seen the establishment of a new Skill Centre at KMC for providing appropriate space and equipment for students to encourage them to learn and relearn their clinical skills. The KMC Canteen was also set up to allow students to have meals and refreshments without having to travel back to the hostel.

The NRI Alumni of our college along with students have also come up with 'Kakatiya Research Day' which is all set to happen on 22nd July 2023 comprising many events which will help students not only learn new concepts but also to brush up their communication as well as clinical skills.

Along with this, the campus has a vibrance about it- with the help of the sports league which helps students focus on their physical health as well as various other extracurricular activities with Yoga, or at our fully functional gymnasium on the campus.

Yet, with so many improvements and attempts to make the campus a safe and healthy environment for students to study and grow, we must also join hands to eliminate ragging from our college. Students participating in ragging or any illicit activities will be punished severely which might include rustication from the institution.

Academics play the most important role in any institution and likewise in ours, I encourage students to make complete use of the college library which furnishes a variety of medical books on every subject. With the constant change and uncertainty of exam patterns and dates, students must regularly be up-to-date with their syllabus and clinical skills as competition only increases every year and one must always be ready for performing their best in every examination.

As future doctors or freshly budding doctors, we must never forget the value of this golden opportunity given to us to serve society and therefore, we must pledge to give our 100 per cent towards learning and doing, as there is no shortage of resources or knowledge in our institution. If used in the right manner, we can make the pen our sword and save innumerable lives. I encourage everyone to be consistent and work hard to turn this chance into a change in the world and bring glory to each one's family, to our reputable institution, and to our nation.

**Dr. Sujeeth R. Punnam,**

- MD, FACC
- KMC Batch of 1988
- Interventional Cardiology,  
Stockton, CA, USA
- Convener,  
First Kakatiya Research Day
- Co-Chair,  
NRI Alumni Educational Center

# THE VISION



Like the adage goes- Rome was not built in one day! The seed for the First Kakatiya Research Day was sown on July 16th, 2022 when the Alumni Committee members from US and India had an online meeting to come up with repairs in NRI Alumni center and the discussion extended towards increasing the research activities in KMC, to make it a more vibrant medical school in the country. We were bothered by the latest statistic, in the top 10 medical colleges of India, Telangana medical colleges did not find a place. That set the ball rolling for a series of activities that led to the following efforts. I am happy our background efforts culminated in fructification of First Kakatiya Researched Day on July 22, 2023. That is a whole 1 year!

India is progressing in all sectors and as we can witness the massive investments in infrastructure that are happening, the key ingredient that will be missing to make this a success story, is trained man power. With burgeoning number of medical schools and hospitals coming up to cater to the health needs of the population, comes a necessity to have well trained doctors. We figured having a research mindset to go along with the brilliant academic students we have, will be a good combination. If we look at the western countries, it is the innovation that sets them apart. To put the right foot forwards in this direction, US NRI Medical alumni committee had some meetings with KMC Principal, Dr Mohan Das, and other key people on the ground. It was decided to work on increasing research activities in the campus by making the student, the center point of focus.

We raised about the required funds already to the tune of \$140,000 from our most generous alumni donors of KMC in US. We have decided to allocate our resources on few things.

1)Arranging monthly webinars by renowned US faculty on topics that would be suitable for all MBBS students and PG's. We have already done that on topics of Anemia- Ignorance is not a bliss, by Dr Venu Bathini and Cardiovascular changes in Pregnancy and Hypertensive disorders, by Dr Vivek Katukuri. We intend to continue this. These webinars are being attended by more than hundred students at a time.

2)Since we do not have a Biostatistician faculty available in the campus currently, we have appointed a part time faculty, Dr Mallikarjun Reddy after discussing with Principal. He has already started delivering classes to students regularly and will be available to students/PG's doing research on coming up with methodology/statistical analysis. This will help increase the publications by our students.

3)Decided to conduct First KMC Research Day on July 22,2023. For the first time, you are going to witness students from all over India come to our campus and present the latest research studies in poster and podium presentation format. From more than 100 college entries, we have finalized 10 student groups in each category of UG and PG who will come in person and showcase those research topics. With this attempt, we are trying to expose KMC students to happenings around the country, which will in turn set them up for more interest in the research during the college days itself.

This will strengthen their CV's, harness their writing skills, team building skills and leadership skills. World is changing and we need our students to be competitive and prepare themselves for those academic changes in the field of medicine.

4) Last but not the least, Teach the Teachers. We have identified that our faculty needs to be taught in the Research Methodologies so that once they get skilled in this, the knowledge they gain, will be transferred down to the junior faculty and students for years to come. Towards this direction, we are going to work with some experienced faculty from SHARE India Foundation and Indian Institute of Public Health, Hyderabad. We are planning 3-day Research methodology workshops in Hyderabad for 3 years in a row with a structured curriculum being imparted so our faculty can come up with population-based studies to dwell into the local disease burden and that information is going to be useful for the medical personnel and policymakers.

In the years to come, we anticipate the KMC Alumni from here in India to work with us and take over these objectives we are trying to accomplish and we wish to continue working with them in the process.

For these things to happen, we have a lot of our senior alumni in US and India who have encouraged, contributed, guided us and I would like to thank them here.

USA- Dr's Sreedhar Rao, Rojan Samudrala, Gopal Reddy, Suresh Reddy, Hanmanth Bejjanki, Laxmipathi Garipalli, Anupama Gotimukula, Mahender Reddy, Tajuddin Ahmed, Lakkireddy Hanimireddy and Jitender Reddy etc. And we are backed by about 1500 US doctors who are alumni of KMC  
India-Dr's Mohan Das, VLN Rao, Sandhya Anil, Praveen Devulapalli, Lokesh, Sudhakar Reddy etc.

I would like to thank Dr PS Reddy, Chairman, SHARE India who is willing to extend his support for the campus students and faculty in this endeavor.

Finally, our team who have made this Research Day possible-

Dr Mohan Das, Dr Anupama Gotimukula, Dr Venu Bathini and from the student body Dr Sai Kiran Kuchana, Dr Rohith Kode and Rohit Singaraju. Special thanks to Dr Subramanyeshwara Arekapudi from Reno, Nevada for carefully judging all the abstract entries and scoring the abstracts for selecting the finalists!

Respectfully,

Dr. Sujeeth R. Punnam, MD, FACC  
KMC Batch of 1988

# KAKATIYA CHRONICLES

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# KAKATIYA RESEARCH DAY



After several days and months of preparation and anticipation, Kakatiya Medical College is hosting its very first edition of a research oriented conference 'Kakatiya Research Day' which is set to be held on 22nd July, 2023. It truly is a matter of great pride for any institution to expand their horizons from academics into organizing events for students to diversify their methods and sources of knowledge and also help them learn more about known and unknown concepts.

Faculty and students along with the NRI Alumni of the college from the United States of America, are working in close association to make this program a huge success. Everyone has constantly been on their toes to make sure that the first event of this kind turns into a memorable one for every person associated with the institution.

Kakatiya Research Day is planned around five main events keeping in mind the interest of all students namely- Poster Presentation, Paper Presentation, a debate session "Med-e-bate", Quiz and CME Talks. The organizers have two special things in store to look forward to the events- one, that medical delegates working with several prestigious institutions have been warmly invited to grace the occasion and secondly, a handsome, one-of-a-kind prize money has been announced for winners of every program.



Sixty participants from all over the county are going to be attending the event which includes both Undergraduate and Postgraduate students.

It has been decided that only 10 undergraduate and 5 postgraduate participants will contest in the final rounds of the Paper and Poster Presentation alike in their respective categories. For the debate competition, 'Med-e-bate' several entries were received of which only four have been finalized and will be competing against each other on the day of the event. We are also happy to announce that one of them is our very own team from Kakatiya Medical College and we hope the spectators extend their support to the home team. The quiz "Jeopardy" has also finalized four teams which will compete, each team comprising of three members, each associated with one of the pre-clinical, para-clinical or clinical subjects of Medicine. We hope the wisest one wins.

Kakatiya Research Day is not only a sigh of relief from the daily routine of medical students, but also a fantastic opportunity for them to watch and learn by being spectators at the event, while they cheer on their home teams as well.



**Dr Anupama  
Gotimukula,**

MD Pediatric  
Anesthesiology,  
San Antonio, TX,  
USA



**Dr Venu G.  
Bathini,**

Hematology/Oncology  
Mass General  
Brigham Community  
Physicians  
Associate  
Professor, Univ. of  
Massachusetts



**Dr Sujeeth R.  
Punnam,**

MD, FACC  
Interventional &  
Structural  
Cardiologist, Sutter  
Health, Stockton,  
CA, USA

Finally, the judges of this anticipated event comprise of the very own members of the Faculty Advisory Committee for the Kakatiya Research Day and also by the members of the NRI Alumni Association. We thank the judges for their enthusiasm and support in executing the event.

A special thanks to Dr. Anupama ma'am, Dr. Sujeeth Sir and Dr. Venu sir who have given us their valuable time and guided us through the planning and management of the event.



# MEDICAL THEORIES & CLINICAL REALITIES!

MD.SHASHANK & REENA REDDY, FINAL YEAR



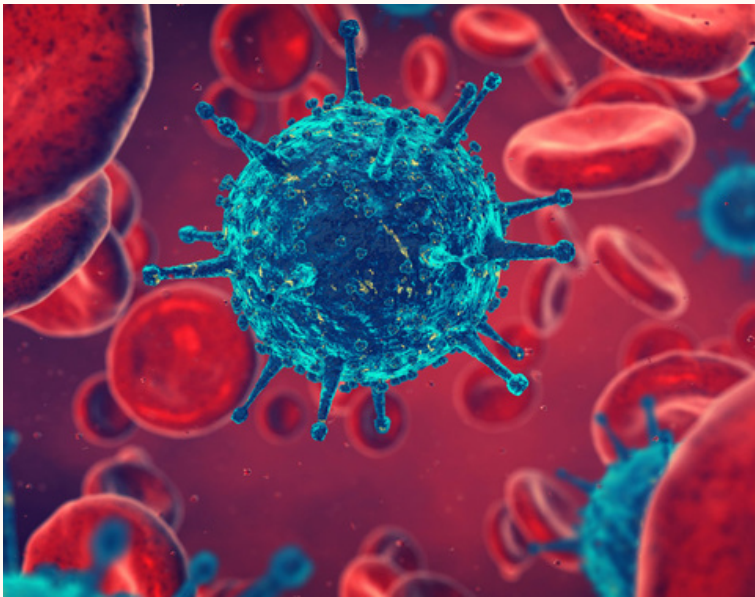
## 01 Lucid intervals or Lucid dreams?

A missing complaint was filed by a family regarding the absence of their 21-year-old male son. The police later found him in an Islamic dargah dressed as a Hindu sadhu after which he was jailed, and following a series of events he entered in a stuporous state and couldn't even give a verbal response. He was then shifted to IMH prison ward, and his nutrition was parenteral. A diagnosis of catatonic schizophrenia was made. Catatonia is a clinical syndrome characterized by striking behavioral abnormalities, which according to DSM 5 is presence of three or more of the following: catalepsy, waxy flexibility, stupor, agitation, mutism, negativism, posturing, mannerisms, stereotypies, grimacing, echolalia, and echopraxia. It can occur in several psychiatric conditions like schizophrenia or bipolar disorders. Catatonia is a rare presentation with use of newer antipsychotics and is a rarer presentation in a person not using any neuroleptics. This is a case of catatonia in a 21-year-old male without prior antipsychotic medication.

## 02 A Connective tissue crisis!

During my cardiology postings, in the ward was present a 14-year-old male who complained only of shortness of breath, but with a quick glance it could be made out that there was a short stature, coarse facies, macrognathia, claw hand, kyphoscoliosis and an anterior open bite. The thyroid profile was normal while X-Rays demonstrated dysostosis multiplex. It was found out that the shortness of breath was due to aortic regurgitation along with myxomatous AMVL prolapse. Following the trail, a provisional diagnosis of Maroteaux Lamy syndrome/MPS type 6 was made. Mucopolysaccharides or Glycosaminoglycans are heteropolysaccharides that form important constituents of extracellular matrix and whose turnover depends on their digestion by lysosomal enzymes. Mutations in the genes that encode these enzymes cause a multitude of storage disorders classified under mucopolysaccharidoses. MPS type 6 is an autosomal recessive disorder characterized by a deficiency of Aryl Sulfatase B enzyme encoded by ARSB gene mapped on long arm of 5th Chromosome bearing an incidence of one in 4 lakhs.





## 03 Prospects and Possibilities

Thymus is a central organ in immunology which is evidenced by its role in many autoimmune conditions. But what about immunodeficient states? Described here is a case of a 30-year-old HIV positive male, who complained of intermittent drooping of left eyelid, difficulty in both speech and swallowing. There was also weakness of upper limbs following daily routine that improved after sleep. A positive tensilon and ice pack test were established and coupled to this a decremental response in electrophysiological studies was also demonstrated thereby aiding diagnosis. Myasthenia gravis is a neuromuscular junctional disorder characterized by weakness and fatigability of skeletal muscles. The underlying defect is a decrease in the number of available acetylcholine receptors at neuromuscular junction due to antibody mediated autoimmune attack. Its association with HIV is rare. Their co-existence may be related to the involvement of thymus, or it may purely be due to chance.

## 04 A Mermaid Delivery

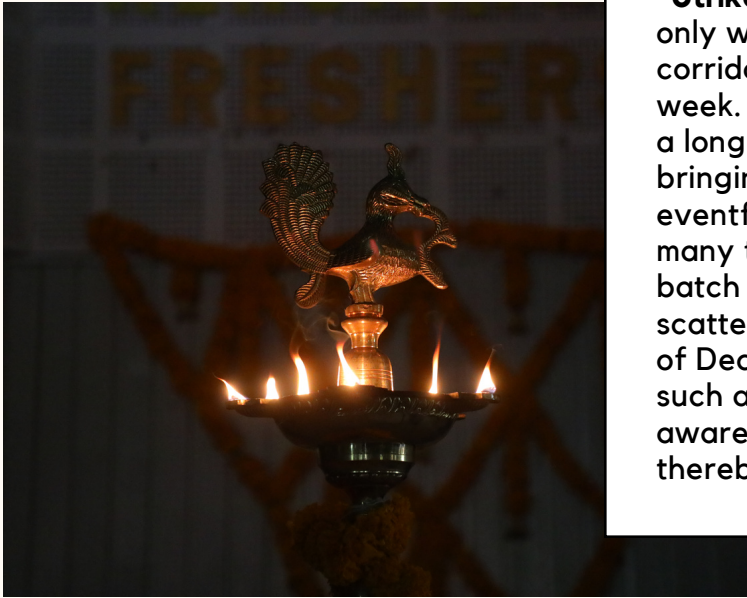
A missing complaint was filed by a family regarding the absence of their 21-year-old male son. The police later found him in an Islamic dargah dressed as a Hindu sadhu after which he was jailed, and following a series of events he entered in a stuporous state and couldn't even give a verbal response. He was then shifted to IMH prison ward, and his nutrition was parenteral. A diagnosis of catatonic schizophrenia was made. Catatonia is a clinical syndrome characterized by striking behavioral abnormalities, which according to DSM 5 is presence of three or more of the following: catalepsy, waxy flexibility, stupor, agitation, mutism, negativism, posturing, mannerisms, stereotypies, grimacing, echolalia, and echopraxia. It can occur in several psychiatric conditions like schizophrenia or bipolar disorders. Catatonia is a rare presentation with use of newer antipsychotics and is a rarer presentation in a person not using any neuroleptics. This is a case of catatonia in a 21-year-old male without prior antipsychotic medication.





# UTHKARSHA ENJOY CHEYALI MAMA!

MD SHASHANK & D HARSHITHA

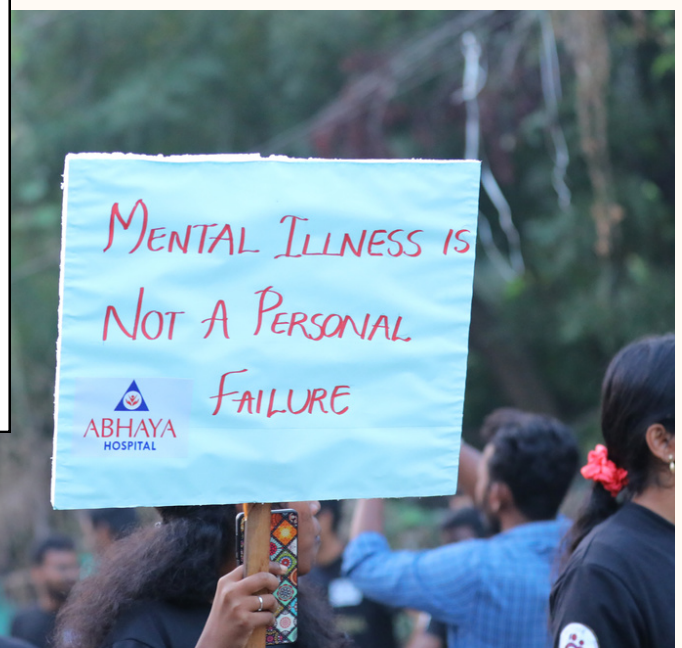


"Uthkarsha Uthkarsha Uthkarsha!" were the only words that were reverberating along the corridors of Kakatiya medical college for a week. The annual college fest had resumed after a long wait of 3 years, (thanks to the pandemic!) bringing forth with it not only the promise of an eventful experience but also an opportunity for many to unearth their flair! Organized by the batch Zenolentz (2k18), the fest was luxuriously scattered for 7 days lasting from the 3rd to 10th of December 2022. It included multiple themes such as art, dance, organization, social awareness, sport and the modern "pop culture" thereby, making it a wholesome affair.

Literary events were on the front seat of the fest. A PARLIAMENTARY SYTLE DEBATE was organized where students argued for and against, whether virtual reality should be used as an aid in the medical curriculum and simultaneously a trivia QUIZ on movies, medicine and mythology received a brilliant response. Other art-exploring events like bouquet making, clay modeling and thambola garnered massive entries. There was also a "make the best out of waste" competition! Students projected their artistic whims and fantasies by painting faces, T-shirts, flowerpots and so on.

"IMPULSE" often hailed as the "Cardio of Uthkarsha" imposes a heavy physical strain on the participants. The emerging winner would then be crowned as Mister or Miss Impulse. Players are instructed to perform back-to-back physical activities and set their time record. Activities that begin with cycling along the campus border, tyre flipping and dragging followed by parachute running and then hurdle jumping and finally crawling on one's elbows and knees. It wouldn't be a surprise if the winners end up as military folks!

Uthkarsha also addressed **SOCIAL causes and MEDICAL burdens**. There was a 5KM HEALTH RUN on the issue "Mental health Matters" that encouraged youth to break the stigma! Also described in the form of roleplay at the end of the health run, was the prevalence of ROAD TRAFFIC ACCIDENTS- a preventable cause of both mortality & morbidity among the young. In the following days, a massive blood donation drive was organized which obtained a good response, inspiring charitable values in students. This entire social awareness realm of the fest gained heavy mass media coverage, and in doing so the intent was fulfilled.



Talk of intuition and guesswork, the **TREASURE HUNT** holds a special place in the hearts of Resilientz (2k19) who emerged as the victors of this forage. Treasures hidden in over a hundred acres of land were uncovered in just 3 hours. The entire batch executed two victory laps in the glory and success of this endeavor.

KMC's talent is not just limited to the above, but it extends into theatre. In fact, it threatens the entire TOLLYWOOD franchise! **MONTAGE:** The Short film festival marked the release of 13 extremely well directed movies. No two movies lapped the same genre. An array of flowery romcoms, spine-chilling thrillers and mind-blowing action, kept the audience on its toes. (Good for us, they were not based on true events!) In all, the talent for drama was very evident in our budding doctors.

**HALLOWEEN** happens annually in KMC too! The carnival night is when you see your friends dressed up in their favorite characters, be it Dora or Mickey Mouse! Stalls with 'yummy food' and 'fluke games' were set up. Faculty members played in the stalls so much that one couldn't tell apart students from professors. Added to all this, KMC's live band gave its masterful music performance and all were lost to the rhythm.

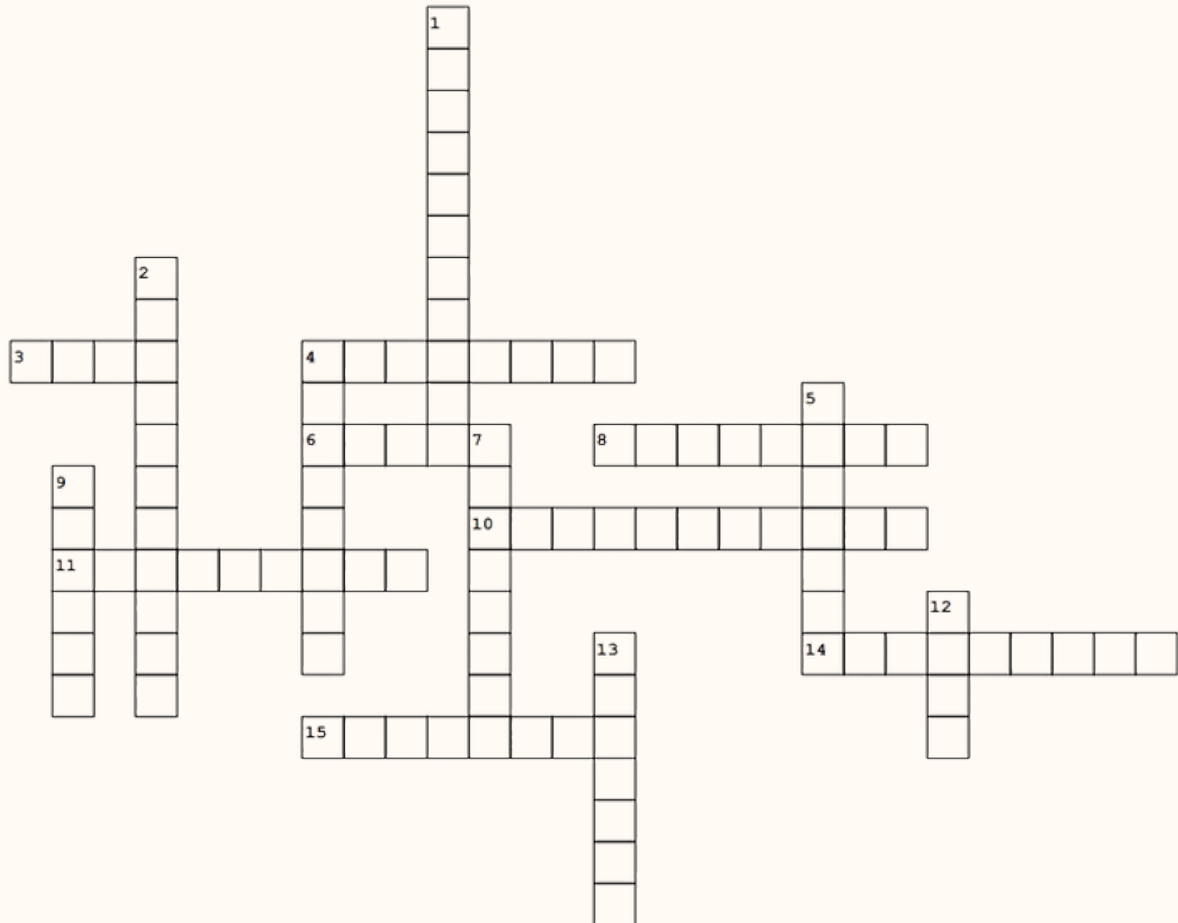


As lost to the modern culture as it seems, KMCians made an effort to preserve ancient customs. There was a **TRADITIONAL DAY** where people showcased the diverse states of India through their royal outfits. After a ramp walk, the finest representations won Mister & Miss Traditional. The theme was further reinforced as the rhythmic beats of DANDIYA filled the air along with popular tunes. Later that night, LANTERNS took flight decorating the sky with their glow - Truly a feast for the eyes!

It is said that as a student graduates from KMC he becomes both a **DOCTOR** and a **GRACEFUL DANCER!** Kissing this fest goodbye, the last day arrived filled with amazing dance moves, accompanied by captivating props! In conclusion, an award ceremony was held, honoring the winners of all the above events. Uthkarsha gave us a ton of joyful memories and entertaining experiences, yet left us downhearted with its departure. The sole consolation is the fact that this fest will be held again in a few months, only this time to be hosted by the batch of Resilientz (2k19).

# MED TRIVIA

CURIOSITY IS COOL.....



## ACROSS

3. ACL surgery replaces ligament of which joint of the body
4. Hyperhidrosis is the medical term for excessive what
6. Medical term derived from Greek word meaning "without breathing"
8. The 'C' of CT scan stands for
10. The ancient Greek physician known as the "Father of Medicine"
11. The Greek god of medicine known for his serpent entwined staff
14. Medical term for sideways curvature of spine
15. Cell organelle responsible for protein synthesis

## DOWN

1. Medical term which refers to a lot of bleeding, often life threatening
2. Most widely used medical instrument often directly associated with being a doctor
4. Law of muscle contraction representing relation between Stroke Volume and End Diastolic Volume
5. Lipid lowering medication which are technically HMG-CoA reductase inhibitors
7. Named after a Greek hero, this ligament connects the calf muscle to the calcaneus
9. Generic name 'sildenafil', used to treat erectile dysfunction
12. The medial long bone of the forearm
13. The Xiphoid process is the smallest and lowest part of which bone

# IVF A SCIENTIFIC MILESTONE

July 25th is not merely an ordinary day; it stands as an indelible milestone in the annals of reproductive medicine. On this momentous occasion, Dr. Robert Edwards, Dr. Patrick Steptoe, Dr. Jean Purdy, and a host of other dedicated researchers, clinicians, and embryologists collectively forged a path towards the triumph and widespread adoption of in vitro fertilization (IVF).



In a bygone era, a delightful couple by the names of Lesley Brown and John Brown, hailing from England, reveled in a joyous existence until they confronted the heartrending reality of Lesley's infertility, stemming from obstructed fallopian tubes. Driven by their ardent yearning to establish a family, they sought medical assistance, ultimately encountering the esteemed Dr. Patrick Steptoe, a distinguished gynecologist, and the illustrious Dr. Robert Edwards, a pioneering reproductive biologist.

Thus commenced an inspiring odyssey. United in purpose, the Browns and the formidable medical team embarked on an unprecedented voyage, surmounting the multifaceted predicament of infertility that afflicts millions.



The adage "luck is what happens when preparation meets opportunity" profoundly encapsulates the essence of Louise Brown's birth through IVF. It reverberates with the unwavering dedication, scientific acumen, and resolute perseverance of Dr. Edwards, Dr. Purdy, and Dr. Steptoe as the embodiment of preparation, while the Browns' unwavering resolve to undergo the procedure serves as the quintessence of opportunity. These elements synergistically converged to achieve an epoch-making breakthrough that revolutionized the realm of assisted reproductive technologies, bestowing hope and boundless possibilities upon countless couples worldwide.

Similar to every triumphant tale, this narrative also entails its fair share of tribulations, scientific hurdles, ethical and legal quandaries, resource constraints, and personal sacrifices. Notwithstanding these formidable challenges, the resplendent birth of Louise Brown permeated the lives of numerous couples grappling with infertility, igniting a flicker of hope within their hearts.

Louise Brown, the trailblazing progeny conceived through IVF, made her grand entrance into the world on July 25th, 1978. Nevertheless, this heralded a mere inception of the IVF epoch, as countless clinicians across the globe presently conduct over 2.5 million IVF cycles each year.



As Louise matured, she assumed the role of an ambassador for assisted reproductive technologies, finding solace in the realization that her story had imbued countless couples with hope. Ultimately, Louise's legacy transcended the mere epithet of a "test tube baby." She emerged as a beacon of inspiration, an emblem of unyielding fortitude, and a fervent advocate for all those yearning to cradle a child of their own. The true heroes, Dr. Robert Edwards, Dr. Patrick Steptoe, and Dr. Jean Purdy, indelibly etched their names upon the annals of history, ceaselessly reminding us of the potency of scientific ingenuity and the astonishing potential of the human spirit.



# ONE AMONG US!

## A CHAT WITH DR MANIKANTA SIR



**Dr. Manikanta Chowdary** is a General Medicine Resident from the batch of 2020. He is one of the brightest doctors in the college and cracked the ridiculously hard **INICET- Super Specialty** exam in April 2023 securing an **All India Rank of 18** and **AIIMS rank 15** and aspires to become a **Gastroenterologist**. He is an inspiration for all the students of the college.

Dr Manikanta says that what we learn as doctors is much beyond the scope of quantification in terms of numbers, marks or ranks. He urges us to push ourself to develop the required skills and imbibe the right values in order to become a good physician. He says that we're blessed to be part of a field wherein we can impact thousands of lives for the better. This should push us to work harder.

Here is what he had to say to us:

### **Please tell us about your Undergraduate days.**

I completed my undergraduate studies at Malla Reddy Institute of Medical Sciences, Hyderabad, as a student of the 2013 class. Hard to believe that it's been ten years already. A lot of pleasant memories.

### **What are your hobbies?**

I enjoy playing cricket, binge-watching movies, and watching web series. It helps us to destress. A good escape from the otherwise very demanding field that we're a part of now.

### **Who's your role model?**

*My role model is my mother, Radha Amma. She has been my guiding light and a constant source of inspiration in my life. Her support and encouragement have played a pivotal role in shaping who I am today.*

### **Why did you choose Medicine?**

*During my undergraduate years, I was an average student. However, it was in my final year that I started realizing that medicine is an application of all pre-clinical subjects. This realization ignited my interest in medicine as it serves as a link between all the other 18 subjects in the medical field. I discovered the immense "thrill of diagnosis".*

### **PG Journey in KMC**

I completed my undergraduate studies at a private medical college where I did not have the opportunity to experience a caseload as extensive as that of KMC. It took me a few months to adjust to the significant caseload at MGMH. Due to limited clinical exposure, I lacked knowledge in basic skills such as checking pulse and performing auscultation. However, under the guidance of RP Sir (Rajender Prasad Sir), I learned the intricate details of examining patients and making accurate diagnoses. RP sir treated us with utmost care and affection, considering us as his own family members. After completing my MBBS, I thoroughly enjoyed my time at U'22.

**How did you prepare for your INI-CET?**

*I didn't prepare much, but a friend of mine suggested that we give it a trial to understand the questioning pattern. With my long-standing interest in Gastroenterology, I went through the Gastro section of Harrison while preparing for my PG final exams. Motivated by this newfound knowledge and passion, I applied for Gastroenterology as my specialization for the INI-CET exam, and that's how it all began.*

**Message to Undergrad medical students**

All clinical subjects are essentially applications of the basic subjects. Therefore, I strongly recommend understanding the underlying reasons rather than relying solely on memorization. It is important to ask questions and seek knowledge about why and how things occur within the human body.

**Message to Post-grad students**

It is important to train yourself to handle stress and ensure that your personal and professional lives do not become intertwined.

**Describe KMC in 3 words**

Sweet and bitter

# DEVELOPMENTS IN KMC



## • OPEN HEART SURGERY AT KMC

We are thrilled to announce that open heart surgery, a complex and life-saving procedure, was successfully conducted at our very own MGM hospital on September 28, 2022. This marks a significant milestone for our hospital and the medical community as a whole. The surgery was performed on a 31-year-old patient who was diagnosed with Atrial Septal Defect, and under the supervision of our hospital superintendent Dr. V. Chandra Sekhar, an intra-cardiac repair was done with great success. We are proud to have access to gold standard machinery like the cardiopulmonary bypass in a government setup, which boosts confidence in our working doctors and inspires our hard-working students. This achievement is a testament to the dedication and expertise of our medical team, and we look forward to continuing to provide the highest quality care to our patients.

## • NEW ATTENDANCE SYSTEM



From this latest session, the principal has introduced new attendance regulatory systems for the students of all batches in postings as well as lectures. Biometric machines are installed in all the hospitals attached to MGMH. For lecture halls, with students already given seating numbers, attendance is taken on the basis of that, and an SMS alert is sent to the parent's contact number whenever a student is absent. This regulatory system has improved the class strength in lectures and has given a positive impact in consistency among students.

## • NEW BADMINTON COURT

Our old auditorium, already equipped with 2 badminton courts, recently got a third court installed. The court, unlike previous ones which were cemented, is matted and built in a standardized way.

## • NEW SKILL CENTER

The college recently opened a new academic building with four lecture halls and examination hall, simulation labs equipped with numerous training equipment. The lecture halls are built keeping in mind the increased strength of the batches, hence are well lit and ventilated. Inaugurated on June 1st, 2022 by the state Health Minister Shri Thanneeru Harish Rao. The lecture halls are equipped with a great sound system along with projector and monitor, all thanks to the batch of SUPREMOZ- 1981, for their generous donation. The building also got a new and first ever independent canteen. The building is also equipped with elevators, out of the two, one is currently working.



## • **NEW HOSTELS**

With the strength of the batches increased to 250 since 2019, the hostels faced a problem of overcrowdedness and hence new hostels were required. Through the prompt actions of the authorities, we got 2 new hostel buildings in LH, each a five storey building, with compact rooms and attached bathrooms. Each floor has a reading room and the mess is situated on the ground floor.



## • **STUDENT COMMITTEES**

As a new initiative, our Principal announced the formation of several student bodies that would overlook all the extra curricular events that would take place in the campus throughout the year. Each committee has members representing all the batches proportionately along with professors. Committees active as of now are - sports, literary events, cultural etc.

## • **FIRST EVER CANTEEN**

Our already prestigious college just added a little more to its prestige, by opening its first ever proper canteen! Serving proper meals along with some crispy bites and snacks, this canteen located on the ground floor of the new academic block has become quite a hangout spot for all, including professors and PGs. The canteen serves decent food along with fresh fruit juices and ice creams, a great way to beat the scorching heat of Warangal. This canteen is managed by a third party restaurant - The Hut Kitchen.



## • **WEEKLY YOGA DAY**

On Yoga Day, this year, a 1 hour yoga session was conducted in the college auditorium, in collaboration with IshaHatha School of Yoga. It was organized by National Service Scheme, MGMH in association with Isha Hatha Yoga Teacher Dr. Sai Tejaswi, KMC Alumna. Inspired by which a yoga session is decided to be conducted every week, where all from UG students to professors can participate.

## • **TRANSGENDER CLINIC IN A GOVERNMENT SETUP**

In the year 2022, MGMH opened the first ever exclusive transgender care unit of the State. The idea was born when the district collector of Warangal had a meeting with the Transgender Community State Leader who put forward the health issues faced by the community. The clinic plans to provide laser therapy and hormone replacement therapy in the future.



## • **SUPER SPECIALTY HOSPITAL**

PMSSY super specialty hospital, built and equipped by the central government with manpower and maintenance by the state government. It is a 250 bedded hospital with 20 beds in each of the 9 departments - cardiology, cardiothoracic surgery, nephrology, urology, neuromedicine, neurosurgery, medical oncology, medical gastroenterology and joint replacement and orthopedic center, remaining being intensive care beds. The hospital is administered under the supervision of the superintendent, MGMH.

# SPORTS NEWS.

HARSHITHA & ROHIT, FINAL YEAR

## The Kakatiya Premier League (KPL)



is an annual cricket tournament held among the students of our college. The most recent season of KPL took place from April 21st to April 27th. The four teams competing in this season were the Dream Crushers, the Mighty Eagles, the Thunder Strikers, and the Smite Masters. In a pulsating showdown, the formidable Dream Crushers clashed with the table-topping Mighty Eagles in the grand finale of the league. Dream crushers won the toss and opt to field first. After an intense battle on the field, the Dream Crushers emerged victorious, securing their well-deserved championship title. Vaibhav Reddy (2019) was honoured as the best batsman, while Rajeev kumar (2018) showcased exceptional skills and emerged as the most valuable player and the best bowler.

## The Volleyball Premier League (VPL)



brings together talented volleyball players from different batches. This year marked the fourth edition of the boys' league and the inaugural season of the girls' volleyball tournament. The competitions took place from April 30th to May 7th, showcasing an exciting display of skill and sportsmanship. In the boys' VPL, a total of five teams participated: the Mighty Aces, the Super Setters, the Hard Hitters, the Royal Strikers, and the Volley Warriors. Matches were played in a round-robin pattern, and the top two teams advanced to the finals.

The pinnacle of the boys' VPL was reached in an exhilarating final match between the Hard Hitters and the Super Setters. After an intense battle on the volleyball court, the Hard Hitters emerged as the victors. Sai Krishna (2017) excelled as the most valuable player and best spiker, while Pavan Moulkar (2019) the best defender. Aravind(2020) was awarded best setter and Kishore Teja (2022) emerged as the season's promising emerging player.



In the girls' VPL, three formidable teams competed for the coveted title: the Volley Warriors, the Mighty Aces, and the Royal Defenders. Each team played against the other teams twice in a double round-robin format, and the top two teams entered the finals. The girls' finals witnessed a thrilling clash between the Mighty Aces and the Volley Warriors. Ultimately, the Mighty Aces displayed exceptional skill and determination, clinching the championship.

Minnu Rathod (2022) and Meghana (2022) shared the emerging player award, highlighting their promising talent. Additionally, Pravalika (2021) was announced as the best defender, while Hemalatha (2019) won the award for the best server

## FOOTBALL FEVER IN THE CAMPUS

The students of Kakatiya Medical College had organised a mini-football league from 3rd to 11th May 2023 which included 6 teams playing in a round robin format with the top two teams advancing to the finals.

The teams were named after popular European football clubs. Real Madrid, Bayern München, FC Barcelona, Wolfsburg, Chelsea and Paris Saint Germain competed against one another for the prestigious Kakatiya Super League trophy.



After the exciting league matches, the top two sides which were Real Madrid and Bayern München played each other in the final. While Real Madrid was the best attacking team in the league, Bayern was rock solid at the back conceding the least. The final was a spectacular match where Bayern München, who trailed 0-1 at halftime spectacularly scored 4 goals in the second half and won the game with the scoreline being 4-2 in their favour.

The team led by Arun Sultan won the trophy. Vijay Sharma was announced as the Most Valuable Player, Alok Pradhan the best defender, Vignesh the best goalkeeper and Nihal as the golden boot winner.

## SPORTS DAY -2023



The Kakatiya Sports Day was conducted on the 18th of June, featuring a spirited competition between sports enthusiasts from the RESILIENTZ batch of 2019 and the EVANDERZ batch of 2020. The event encompassed a wide range of sports, including table tennis, badminton, chess, table tennis, carroms, volleyball, basketball, football, cricket, and throwball for both boys and girls. Participants showcased their impeccable talent and sportsmanship throughout the day, engaging in thrilling matches and demonstrating their skills in each sport.

# FROM THE EDITOR'S DESK

We're delighted to share with you the first edition of the Kakatiya Chronicles for which we've been working since the last two months. We've tried to incorporate into this journal the very aspects which make our college a perfect institution for the holistic development a student. An attempt has been made to include a variety of content and I would like to thank the editorial board for tirelessly working towards coming up with this. However, we see a tremendous room for improvement and urge every reader to join the board and help us expand the variety and add to what we're trying.

Lastly we would like to thank our beloved Principal Dr Mohandas sir and Dr Sujeeth Reddy sir for encouraging us to take up this initiative.

Thanking you!  
Rohit Singaraju  
Editor-in-chief  
Kakatiya Chronicles

## CREDITS: